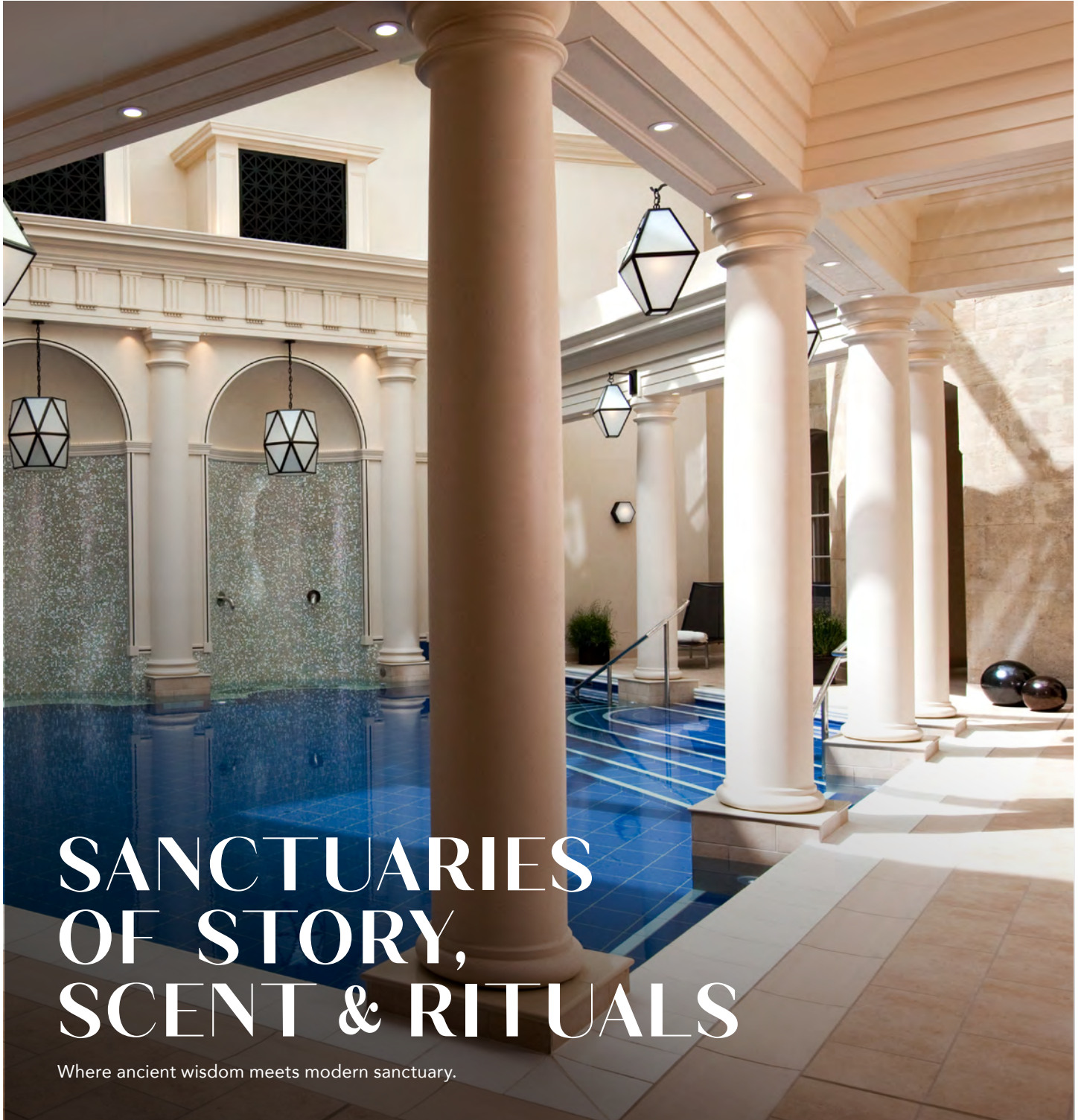




Nº.5

HONOURING HEALING CULTURES

AUG '26



SANCTUARIES OF STORY, SCENT & RITUALS

Where ancient wisdom meets modern sanctuary.

A WELCOME MESSAGE

FROM CHIK LAI PING



Dear guests,

Welcome to the world of Spa Village, a collection of award-winning sanctuaries where healing traditions, cultural heritage, and the wisdom of the ages come together in perfect harmony.

At YTL Hotels, we believe that true luxury is not measured by what we possess, but by what we learn and carry forward. It is a philosophy that has guided us in creating Spa Village experiences that are not merely treatments, but journeys, each one rooted in the unique traditions of its destination, each an invitation to connect more deeply with the place, its people, and its stories.

In the Georgian city of Bath, Gainsborough Bath Spa honours the ancient thermal waters that have flowed for millennia, a living heritage where Celtic reverence, Roman ambition, and centuries of seekers meet the refined sanctuary of the modern age. In historic Malacca, Spa Village Malacca celebrates the rich tapestry of Peranakan culture, the world's only award-winning spa of its kind. Off the coast of Borneo, Sabah Scent Adventures at Spa Village Gaya Island invites you to capture the very essence of the rainforest in a bottle. And on the shores of Koh Samui, the Songkran Shower at Spa Village Koh Samui transforms water into a sacred celebration of renewal and fresh beginnings.

Each of these experiences is a testament to our commitment to authenticity, sustainability, and the preservation of cultural heritage. Every ingredient is sourced with care, every therapist trained in both technique and tradition, every ritual designed to honour the wisdom of those who came before.

As you embark on your Spa Village journey, I invite you to pause, breathe, and open your senses. Allow the stories, scents, and traditions to unfold around you. Whether you are walking the heritage corridors of Malacca, blending the botanicals of Borneo, releasing the old under the waters of Koh Samui, or surrendering to the timeless embrace of Bath's thermal springs, may you leave feeling not just restored, but invigorated.

Because at Spa Village, we believe that the greatest luxury is not what we receive, but what we carry forward into our own lives.

Yours sincerely,

A stylized, handwritten signature in black ink.

Chik Lai Ping
Senior Vice President,
Spa Division, YTL Hotels



THE ETERNAL WATERS OF THERMAL HERITAGE

Healing that has flowed through the ages.

For thousands of years, the healing mineral-rich waters of Bath have flowed uninterrupted, silent witnesses to the rise and fall of civilisations, yet forever constant in their promise of renewal. Celts revered these sacred springs as gifts from the gods; Romans raised their great bathing temples around them, carving ambition into stone; and through the centuries, royalty and commoners alike have sought their embrace, drawn by a wisdom older than memory: that these waters hold the power to restore, to soothe, and to heal.

Today, at Gainsborough Bath Spa, we are honoured to carry this unbroken legacy forward. Our rituals honour the waters' ancient wisdom, easing what is weary, soothing what is inflamed, and gently releasing all that no longer serves. Every treatment is a quiet homage to a bathing culture that has shaped not only this city, but the very story of wellness itself.





Among these offerings, the Thermal Mineral Wave Massage stands as a particular expression of this heritage, a deeply restorative ritual inspired by the soothing rhythm of flowing water. It is a graceful bridge between centuries, where ancient traditions meet the refined sanctuary of the modern age. Performed on warmed water mattresses, slow, wave-like movements ebb and flow across the body, relieving tension and encouraging deep relaxation, as if floating in the warm, mineral-rich embrace of the very springs that have drawn seekers for millennia. A delicate misting of thermal waters and essential oils completes the experience, evoking gentle rainfall upon the skin, a tender awakening for mind and body, as timeless as the waters themselves.

This is more than a treatment, it is a return to something ancient and essential. To be cradled by the warmth of the water and the wisdom of the ages is to remember what it feels like to be truly whole. Long after you step away from the springs, the stillness remains.





WHERE PERANAKAN HERITAGE MEETS MODERN WELLNESS

Malaysia's Award-Winning Peranakan Spa Experience.

In the heart of UNESCO-listed Malacca lies the world's only award-winning Peranakan Spa, a place where cultural authenticity defines every detail.

The Peranakan, or Baba-Nyonya, are descendants of Chinese settlers who blended Malay and European influences into a rich tapestry of cuisine, design, and healing traditions. Housed within The Majestic Malacca, the spa evokes this world through intricate tilework, carved screens, and vibrant colours. In the

relaxation lounge, Peranakan day beds rest in soft light, while six private treatment rooms offer refined luxury with porcelain tiles, silverware, and wood carvings.

Inspired by the 12-day Peranakan Wedding Ceremony, each guest begins with a soothing hair ritual, followed by therapies tailored to individual cool or warm energies, a belief rooted in Traditional Chinese Medicine. Indigenous ingredients are blended to cleanse, replenish, and invigorate.



This award-winning spa is celebrated not only for luxury, but for preserving living heritage. Therapists honour ancestral wisdom, while ingredients are sourced from local Peranakan communities who sustain generational knowledge. The result is not a reproduction, but a rare glimpse into a timeless culture, an experience truly one of a kind.





BORNEO IN A BOTTLE: SABAH SCENT ADVENTURES



Craft Your Signature Scent of Borneo.

At Gaya Island Resort, rainforest-clad hills meet the calm of Malahom Bay, with Mount Kinabalu soft on the horizon. Here, Spa Village Gaya Island invites you to Sabah Scent Adventures, an immersive perfumery workshop celebrating Borneo's botanical treasures.

The spa rises on stilts above the forest floor, open to ocean breezes and the jungle's symphony of birdsong and rustling leaves.

This is more than a workshop, it is a sensory journey through Borneo's heritage. Pandan, turmeric, wild ginger, each plant carries stories and healing wisdom passed down through millennia. Guided by a therapist, you blend your own botanical perfume from native essential oils: not a commercial fragrance, but a personal elixir that captures the spirit of your journey.



Therapists share the lore behind each ingredient, many grown in the spa's gardens or sourced from local communities practising traditional cultivation. Every element honours both the land and its people.

When you leave, you carry more than a memory, you carry the scent of the rainforest, the wisdom of indigenous healers, and a connection to a vanishing world. Your perfume becomes Borneo in a bottle: a tangible reminder of peace and wonder, to be opened whenever you wish to return. This is an invitation to fall in love with Borneo, to understand its people, and to become a steward of its irreplaceable natural heritage.





MOMENTS OF WELLBEING AT SPA VILLAGE GAYA ISLAND

Wellness in Harmony with Nature.

Discover our rotating programme of wellness experiences, led by visiting guest artists at Spa Village Gaya Island. From yoga and meditation to holistic healing sessions, each offering invites you to reconnect with mind, body, and spirit amidst the tranquil embrace of nature.

2026 GUEST ARTIST SCHEDULE

DATES	FACILITATOR	SPECIALTY
1 Sep – 15 Sep	Catherine Foroughi	Yoga & Meditation
16 Sep – 30 Sep	Becki Jane Moore	Yoga & Pilates
1 Oct – 31 Oct	Lisa Looi	Wellness Facilitator
2 Nov – 28 Nov	Daria Kazokova	Yoga & Meditation
29 Nov – 27 Dec	Mohanan Aringadamadam	Yoga & Meditation



This ever-evolving programme ensures a rich and varied experience, whether you are a seasoned practitioner or stepping onto the mat for the first time. From gentle, meditative flows to more dynamic and invigorating sessions, complimentary group classes are offered daily, inviting you to move and breathe surrounded by the gentle sights and sounds of the rainforest.

Whether you wish to deepen your practice, explore specific postures, or simply prefer one-to-one guidance, our guest instructors will tailor the session entirely to your individual needs and aspirations. For those seeking a more personalised journey, private sessions are available at a fee.





THE BLESSING OF WATER: SONGKRAN SHOWER

A Ritual of Renewal and Blessings.

At The Ritz-Carlton, Koh Samui, where white sands meet the Gulf of Thailand, Spa Village Koh Samui presents the Songkran Shower, a ritual rooted in the Thai New Year, when water symbolises cleansing, renewal, and the washing away of misfortune.

Warm water, perfumed with jasmine, frangipani, and lotus, cascades over you in a gentle stream. This is no ordinary shower, it is a meditation, a sacred release. As the fragrant water flows, you pause, breathe, and set an intention for the year ahead, transforming a simple moment into profound renewal.

Choose between a Coconut or Thai-Herbal Scrub, followed by a Custom Thai Massage and the soothing embrace of Prakrop, a traditional herbal compress. For those who wish, there is the chance to learn duo Thai stretches. A quiet Pond Gazing interlude offers reflection, before the journey concludes with a Thai Herbal Facial, leaving skin radiant and spirit refreshed.

Set in open-air pavilions of graceful Thai design, Spa Village Koh Samui honours culture and warmth at every turn. The Songkran Shower is more than a treatment, it is a celebration of life itself, an invitation to release the old and welcome the new.



YTL HOTELS

Treasured Places, Treasured Moments

The Spa Village - Honouring Healing Cultures aims to share the latest Spa Village news from our collection of spa destinations worldwide. Coupling age-old practices together with modern approaches to health and well-being results in a tailored one-of-a-kind experience, delivering award-winning results to our guests. Each Spa Village offers a consistently unique and uplifting opportunity for rejuvenation.



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